VA Hospitals Plan To Hasten Discharge of Long-Term Cases

A seven-point attack on the problem of rehabiliating and discharging long-term patients so they may return more quickly to community life as useful citizens is gaining momentum in Veterans Administration hospitals.

The seven programs are outlined in the various medical sections of VA's annual report for 1954.

The problem arising from the fact that the number of veteran patients with chronic disabilities has been increasing in recent years, resulting in more "frozen" beds for long periods of time. These patients primarily are older World War I veterans.

VA said it is attempting to meet the problem by augmenting medical treatment with the following programs:

(1) Medical rehabilitation of the "whole man" so he will be ready physically and mentally, to leave the hospital.

(2) Vocational counseling to determine what job he may fill successfully when finally out of the hospital.

(3) Trial visits outside of the hospital to determine whether he is ready again for community life.

(4) Foster care in ahome other than his own where he can adjust himself to community living as a stepping stone to independence.

(5) Work experience in the hospital as part of his medical treatment so he may develop work skills or acquire work experience in preparation for outside employment.

(6) Arrangements for home nursing for the eligible veteran so he may leave the hospital earlier.

(7) "Day" or "night" hospital for the patient who still needs hospitalization but who may leave the hospital during the day to look for work or who may leave the hospital at night to stay at home.

The medical rehabilitation program is designed not only to the prescribed treatment of a patient's disability, but aims to restore him to productive living in the community. By using all components of physical medicine and rehabilitation the patient is helped to overcome his disabilities and make use of of his capabilities.

Today's machines are so nearly human they do things without using any intelligence at all.

—Sunshine Mag.

Subscription rate: $2.00 a year; payable in advance.

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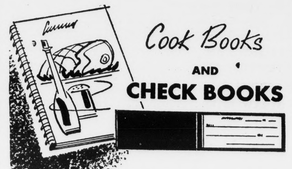
NOTICE
May 7th
Is The Deadline for Paying Capitation Tax
to vote in this year's important County Primary Election and General Election

G. B. Buchanan
County Treasurer



Cook Books AND CHECK BOOKS

A cook book helps the thrifty housewife to transform odds and ends of food into tasty dishes. A check book, through the record it provides, helps in the financial management of the family's funds.

Yes, in most homes, the check book is just as important as the cook book—or more so. You are invited to carry your Checking Account at this bank.

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Appomattox, Virginia
Member of Federal Deposit Insurance Corporation.

$20 BILLIONS PLUS SIZE OF UPKEEP AND REPAIR BILL

The cost of maintenance and repair, in a society as highly mechanized as ours, has become a big item of expenditure for the householder as well as the businessman and industrialist.

There are no over-all figures on the size of the current American repair and maintenance bill to offset the wear and tear of use and time and to keep our push-button economy operating at topmost efficiency However, an indication is provided by the fact that some of the known items add up to more than $20 billions a year, which includes only a relatively small amount for Government and the defense establishment upkeep.

Our Mechanized Society

The total is undoubtedly very much higher, and is certain to grow. Our stock of housing and productive equipment is continuing to increase at a rapid rate. Furthermore it is the exceptional household in this country that does not now have a motor or mechanical or electronic contrivance of some kind — whether it be an automobile, refrigerator, television or radio set, heating system, or one of the many labor-saving devices that are such a characteristic part of life in the United States today.

Here is a factor of major economic consequence, involving an annual market for billions of dollars of all kinds of materials and supplies and millions of jobs.

The biggest outlay for maintenance and repair is in the category of construction. U. S. Department of Commerce figures place the total of such expenditures at more than $14 billions a year. This covers construction of all types—nonresidential buildings as well as homes public utilities, highways, farm buildings, military facilities, sewerage disposal and water supply systems, and conservation and development. The outlays here are on the structures alone and do not include machinery. Residential buildings alone excluding farms, involve over $5 billions, or more than a third of such expenditures.

Buildings and Equipment

The total maintenance and repair bill for construction comes to the equivalent of around 40 cents of every dollar of current record outlays for all construction, evidence of its economic importance and the demand it generates in the whole building field.

Just what it costs to keep up our vast stock of capital equipment, on which around $150 billions has been spent in the 1946-54 period alone for additions and replacements is not known. However, an indication is provided by the Council for Technological Advanecment, which places the labor cost alone in the neighborhood of $3 billions for this purpose. There is the bill for parts and other supplies in addition.

There are a number of figures which give an insight into the impact of maintenance and repair on the average family budget, exclusive of the home itself. Department of Commerce figures show, for example, that personal outlay for automobile repair, greasing, etc. come to well over $2 billions a year. Another half billion dollars are assigned to keeping radio and television sets in repair. An additional $202 millions annually is the current estimate for electrical appliance repair. And there are many other mechanical breakdowns and repair bills in the average home, as every householder knows, not counting the great extent of "do-it-yourself" which does not show up in the figures.

NEWS FOR VETERANS

Three tips were offered by the Veterans Administration to veterans who have special Korean GI insurance.

More than 250,000 post Korea veterans have taken out the special term insurance available to them upon separation from active military service, VA said.

To these new policies, the following three points of advice were offered:

First, get into the habit of paying all premiums when they are due. Although the law allows a "grace period" of 31 days during which the policy remains in effect even if a premium due is not paid, veterans should consider this provision an emergency measure and reserve it for an emergency.

Second, do not send cash through the mails in paying premiums, but use a check or money order made payable to the Veterans Administration.

Your canceled check or money order stub will serve as a receipt.

Third, be sure to name your beneficiaries and have this information recorded by VA. This may be done at the nearest VA office.

After their separation from active military service, Korean vet. earns have only 120 days in which to apply for the special term insurance, VA added for the benefit of men and women just released from service.

Subscription rate: $2.00 a year; payable in advance.

Wheat Quota Must be Met By June 1

As reporters from the county Agricultural Stabilization and Conservation office approach the finish of measuring the 1955 wheat crop, ASC Chairman C. S. Rush reported there is a substantial number of farms in the county with wheat seeded in excess of the farm allotment.

These farmers are reminded that they must bring the farm wheat acreage within the allotment to be eligible for ACP payments and price support, and this must be accomplished by June 1, 1955. Furthermore, if the farm wheat acreage is in excess of 15 acres and the farm allotment, the producer may not receive a marketing card to sell his wheat until he has paid a penalty on all wheat in excess of the farm marketing quota.

A producer, irrespective of the size of the wheat allotment, may produce up to 15 acres of wheat and not be subject to a marketing quota penalty. In this case he would not get price support or ACP payments if he exceeded his allotment. Farmers who wish to dispose of excess wheat acreage may turn it under as a green manure crop or cut it for hay or silage, provided the acreage is so utilized by June 1. The ASC county office is asking these wheat farmers who dispose of excess wheat acreage to report it to the ASC county office. This is required so that arrangements may be made to send a reporter on a second visit to the farm to check the disposition of the excess.

Local Sailor on Flagship

Boston, Mass.- (FHTNC) George A. Saunders, seaman, USN, son of Mr. and Mrs. Robert Saunders, of Route 2, Appomattox, Va., is serving aboard the Navy's heavy cruiser USS Salem.

The Salem, now moored at the Boston Naval Shipyard, Charlestown, is scheduled to leave Boston May 2 for the Mediterranean where she will serve as flagship of the 6th Fleet.

Home Agent's Notes

By Mrs. B. G. Anderson
Appomattox Home Agent

We have recently completed demonstrations on "Buying and Caring for Family Hose in each of the 17 home demonstration clubs.

Each member was given a questionnaire asking them to estimate the number of hose they used last year and the number used by their family. 161 families report they spent $3,506.18 on hose last year, which means every family spends about 20 to 25 dollars per year on hose.

In the demonstration members were told they should look for color harmony first. Colors come in every shade from neutral to black and the color is written on the box along with the size and length. For people wearing light clothes, higher shades of hose look nicer and for darker clothes the darker shades are better. Size is one of the most important things in buying hose and then the length also is very important. All hose come in 3 lengths, short, medium and tall; and the short runs 28-29 inches, the medium is 30-31 inches and the tall is 31-32 inches.

Sheerness means the gauge and denerir of the hose and the guage is the number of stitches per 1½ square inches of the denerir means the fineness of the fiber. (The lower the denerir the

Brand name kind of hose you which brand suits you'll be also p

Under special seamless hose, no these hose have locked in such a run as easily as

There is a ½ inch lengths to the knee and round the leg to these are very

The new "comstretch" have market and have and disadvantages fit very snugly a rough up or "pe to rough surfaces hems and to ca nothing to corre

In caring for be washed and wearing and place to dry.

The extent of ligion is that the of the church

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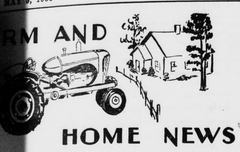
YOUR CLOTHES WASHE
DOES ITS BEST...
When you have automatic ELECTRIC WATER HEA

A WEARY HOUSEWIFE once said that it takes such a long time to cook a dinner and such a little while to eat it. The same reasoning applies to the weekly wash.

ALL THOSE SHIRTS, children's clothes, table linens, bath towels, blouses . . . so fresh and clean last week, are ready to be washed, dried and ironed over again.

YOU KNOW YOUR ELECTRIC WASHER does its best work when there's plenty of clean, hot water ready and waiting. With an Electric Hot Water Heater there is a never-failing source of supply . . . and four gallons cost but a penny. So see your Electric Appliance Dealer or Merchant Plumber NOW!

VIRGINIA ELECTRIC AND POWER COMPA



HOME NEWS

for Replacement Layers

is that you give your do time they leave er and the time they are the laying house will de- to a large extent the num- that you will get from this fall and winter. You produce everything you that your replacement pay promptly and arrive in home in good physical If you have a good clean as a pasture or orchard had poultry on it for a year, you should plan to of it. Move your birds to old and keep them there start to lay. Birds that did in the range must have of protection from the poisonous animals, and can provide this pro- moving the brooder the range if it is on skids be moved, or you can use entire range shelter which is nothing more than a waterproof roof on a framework covered with wire, with a door that can be closed at night.

Before moving the birds into a used range shelter, you should see that it is thoroughly cleaned. In order to make sure that the roosts are free of mites, you will need to paint them with carbolineum or red mite paint. You should also check the range to see that your birds will be able to find shade. If there are no trees, other shade should be provided. Watering and feeding vessels should be kept in the shade if at all possible, and they should be moved to a new location every week or so in order to keep the grass from being killed out around them.

By rearing pullets on the range there is plenty of lush tender grass and a few insects, you can cut down on your feed costs from 10% to 15%. You also can produce birds that seemingly have more vigor and vitality, and birds that stand up a little better during the heavy laying season.

Excellent pullets, however, can also be produced in confinement if **they receive proper care and management,** and one should not feel discouraged because he does not have a clean range on which to rear his pullets. When rearing birds in confinement, watch to see that they have enough room and plenty of ventilation. Pullets will not do well if kept in crowded houses where the atmosphere is stuffy.

Regardless of whether or not the pullets are raised in confinement or on the range, give your birds regular treatment and careful handling. Try to feed and water your birds approximately the same time every day and try to prevent them from being frightened or otherwise mistreated.

Tobacco Transplanting Tips

A good stand of tobacco is possible with a few precautions, advises Jim Smith, County Agent.

Be sure the fertilizer does not come in direct contact with the roots of the plants.

Grade your palnts as they are drawn from the bed and use only those plants which are stocky, uniform in size and free of disease and insect injury.

Do not let the roots of the plants dry out between the time they are drawn and the time they are planted.

If the plant bed is dry at transplanting time, be sure to wet it thoroughly with clean water before drawing plants. This will help to prevent breaking off fine feeder roots which the plants must have to withstand the shock of transplanting, and to get firmly established. If you use transplanting water, add chlordane, heptachlor, aldrin, or lindane to reduce injury from soil inhabiting insects, especially wireworms.

Staunton To Be Scene Of Wilson Centennial in 1956

Staunton, Va.- Members of the Virginia State Chamber of Commerce are being asked "to give active support to the world-wide centennial observance in 1956 of the birth of Woodrow Wilson," the Woodrow Wilson Centennial Commission of Virginia has been informed by the State Chamber.

The Centennial Commission created by the General Assembly of Virginia has been engaged for several months in planning a full year's observance of the Woodrow Wilson Centennial in 1956, with the Woodrow Wilson Birthplace in Staunton as the focal point.

MAY DAY AT LONGWOOD

Farmville, Va.- "Alice in Wonderland" has been chosen as the theme for the May Day festival at Longwood College, to be held at 3 P. M. Saturday, May 7 in the Longwood Dell.

Miss Beth Kent, of Richmond, is Queen of May at the college.

Appomattox FFA Places High In Federation Dairy Judging

The Appomattox F. F. A. Dairy Judging team placed second in the Hub Federation Dairy Judging Contest held near Rustburg Thursday, April 28. The Appomattox team, composed of Ralph Harris, James Tweedy, and Ralph Reynolds scored a total of 1957 points while the first place team, Moneta scored 2029.

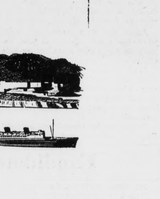
Ralph Reynolds, a junior and the treasurer of the Robert E. Lee F. F. A. Chapter paced the local team to their high position by being the second high scorer in the contest. Ralph counted up 735 points out of a possible 900. James Tweedy was next on the local team with 632, and Ralph Harris finished with 590.

Other high individuals in the contest were Billy Tuck, of Moneta, first with 751; and Kinckle Martin, of Pamplin, third with 723. The Pamplin team placed sixth in the contest. In this contest three classes of animals—aged cows, young cows, and heifers—were judged in each of the three major dairy breeds: Holstein, Guernsey, and Jersey. The contest took place on three dairy farms near Rustburg.

This dairy judging contest is an annual affair of the Hub F. F. A. Federation, and is the climax to extensive studying and practice by the vocational agriculture students in the various schools. The primary objective is educational—to teach the students the qualities which make up good dairy animals, to show them good dairy animals, and teach them to recognize those qualities in the animals.

Other team placings in this contest were: New London, third; Concord, fourth; Huddleston, fifth; Pamplin, sixth; Amherst, seventh; Rustburg, eighth; William Campbell, ninth; and Brookville, tenth.

Subscription rate: $2.00 a year; payable in advance.



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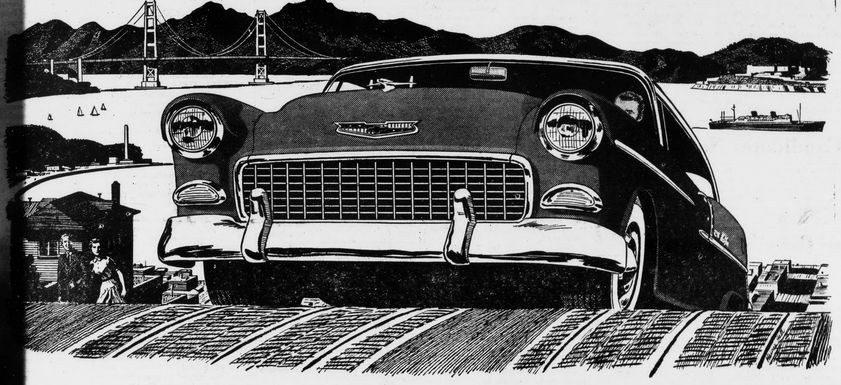

Punch-line to the year's hottest power story—

Chevrolet "Turbo-Fire V8"!

There's only one way you'll really discover the hottest power story of the year. Get aboard a new Chevrolet that packs a handful of velvety TNT under the hood—the new "Turbo-Fire V8"!

For this is the engine that's writing a whole new chapter in the book of automobile performance records. This is the engine that has stock car timers doing a "double take" at their stop-watches wherever experts gather to compare the capabilities of the 1955 cars.

For example, in the recent NASCAR* stock car competition at Daytona Beach, Florida, Chevrolet literally ran away from every other car in its class—and a raft of others besides. In the one-mile straightaway run for low-priced cars, the first two places—and six of the first ten—went to Chevrolets. And in acceleration runs from a standing start against all comers, Chevroiet beat all other low-priced cars—and every high-priced car except one!

What's behind this blazing performance? A compact honey of a V8 that only the world's leading producer of valve-in-head engines can build. Chevrolet's new "Turbo-Fire V8" has the shortest piston stroke in the industry (that means less piston travel . . . longer engine life)! And it delivers the highest power per pound of any V8 in the low-priced field. It's so efficient that it requires only four quarts of oil instead of the usual five . . . needs less radiator coolant, too. It's the most modern V8 under *anybody's* hood!

But the thing you'll like most is the way it puts a new kind of fun in your driving life. You're in charge of 162 high-spirited horsepower with the new "Turbo-Fire V8" and if you're looking for even more excitement, the new "Super Turbo-Fire V8" (optional at extra cost) puts 180 h.p. under your toe.

'55 PACEMAKER CHEVROLET

Pick the one you'd rather have fun with, then come in and get behind the wheel. You'll see why the Motoramic Chevrolet is showing its heels to everyone else on the road!

No other low-priced car has any— no high-priced car has all— of these great Chevrolet features!

Body by Fisher—You see it on some of the highest-priced cars. *Nine engine-drive choices in any model*—The greatest choice going. *12-volt electrical system*—*Twice* the voltage of other low-priced cars. *Anti-Dive braking*—A Chevrolet exclusive for heads-up stops. *Outrigger rear springs*—Wide-spaced for steady cornering. *Ball-Race steering*—Turns on ball bearings. *High-Level ventilation*—Cleaner, fresher air. *Double-Arch cowl construction*—Extra strength and safety.

*National Association for Stock Car Auto Racing.

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